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What does God think about healing? If we look at the scriptures, it gives us a deeper and clearer understanding of where God stands within the realm of health. Does God desire for us all to be healed? Well, it depends on whether health is viewed only through the lenses of physical, mental, spiritual or on a wholesome level (holistic). Whichever way you lean, the bible makes it clear that healing is part of restoration and His main plan for us all through salvation in our Lord Jesus Christ.

The Lord desires us to be whole and healed. As we look at Jesus, there was not one person he didn't come into contact with that he didn't heal (Luke 4:40). God is continually working through us to make us whole through his healing power. Over the years health has had much different advancement, technological to spiritual, medical and even alternative.

Health does not only mean physical, for we are aware that someone can be fit but mentally ill and vice versa. No matter how well someone may be mentally or physically, if they are not well spiritually they will feel the impact, which can eventually affect them mentally and then physically. There is not one without the other. As Christians we believe that every individual is made up of three important compartments body, spirit and soul (1 Thessalonians 5:23, Hebrews 4:12).

The soul is an expression of the mind, will and emotions. If one of these compartments is affected it has impact on the other compartments in some way. When the body is not in good health, the signs of this would be physical impairment in some form, which would equate in pain, inflammation, loss of function, deformity etc.

When the mind is not in good health, it affects other areas of the soul the emotion and will. This would involve mental health conditions which affects the emotional health and therefore impacts the will as they are unable to

make good decisions or lack the ability to function in ways a mentally healthy person would be able to.

An emotionally unstable person finds it very hard to experience true joy, which robs them of experiencing peace. They may repeatedly experience torments until they find healing. Some of the roots of this could very much be hormones, chemical imbalances, trauma, unsolved issues or even spiritual.

Spiritually well means to be free in who you are created to be in God, whilst being able to experience the fruits of the spirit which are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control (Galatians 5:22-25). Now everyone is a work in progress, not everyone walks perfectly and experience those all the time. However if you are lacking or really struggling to experience any of those, it is a signal that something isn't too great. This is where spiritual healing would come in.

There is an adversary who seeks to rob us of our joy and peace etc and instead of this we experience oppression, torment, lack of stability, behaviours against our will, outbursts, broken relationships and things we sometimes cannot even vouch for or explain as many can be inherited (Ephesians 6:11-12, John 10:10). This is where genetics play a part; the scientific part is that we can inherit certain diseases or traits from our parents. However genetics can also play a part in our mental wellbeing and spiritual wellbeing. The likelihood of someone developing a condition increases far more if it already exists in their family.

The healing ministry of Jesus was vast and wide, he did not only heal those who were sick in their body, but those who were spiritually oppressed and suffering mentally (Matthew 4:23-24). This shows that God is interested in a person on a wholesome level and cares about our wellbeing in every way. God seeks to restore mankind to his likeness, we are created in his image but as a result of a broken world, it does mean things aren't as it should be (Romans 5:12, Acts 3:21) Health, being one of those factors that are sadly affected, but God in his merciful manner wants to restore us and bring us

healing. For some, that healing may look different. As a charity our aim is to partner with God in bringing restoration through healing to all (Mark 16:17-18).